

Fruit-loose and Fancy Free



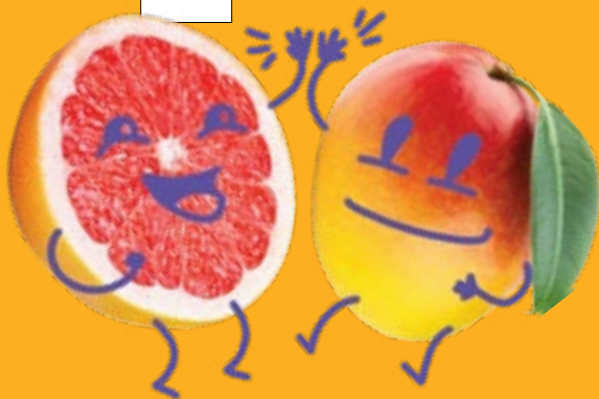
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Get down

(and across) with your fruits & veggies!



DOWN 1. Orange 3. Lime 5. Carrot 7. Peel 8. Beet 9. Squash
ACROSS 2. Green 4. Berries 5. Corn 6. Pepper 10. Lettuce 11. True 12. Peas

ACROSS

- 2 Asparagus can be white or _____.
- 4 Straw____, black____ and rasp____
taste yummy on cereal.
- 5 ____ on the cob.
- 6 Veggie that can be hot or sweet.
- 10 A leafy green vegetable.
- 11 True or False: a tomato is a fruit, not a veggie.
- 12 Three ____ in a pod.

DOWN

- 1 What fruit is named for its color?
- 3 A small green citrus fruit that has a lot of vitamin C.
- 5 This veggie is packed with vitamin A
and good for your eyes.
- 7 What do you remove before eating a banana?
- 8 A purple root vegetable similar to a carrot
or turnip.
- 9 Zucchini and butternut are types of _____.



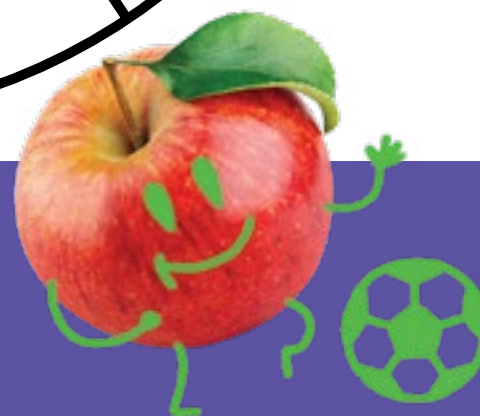
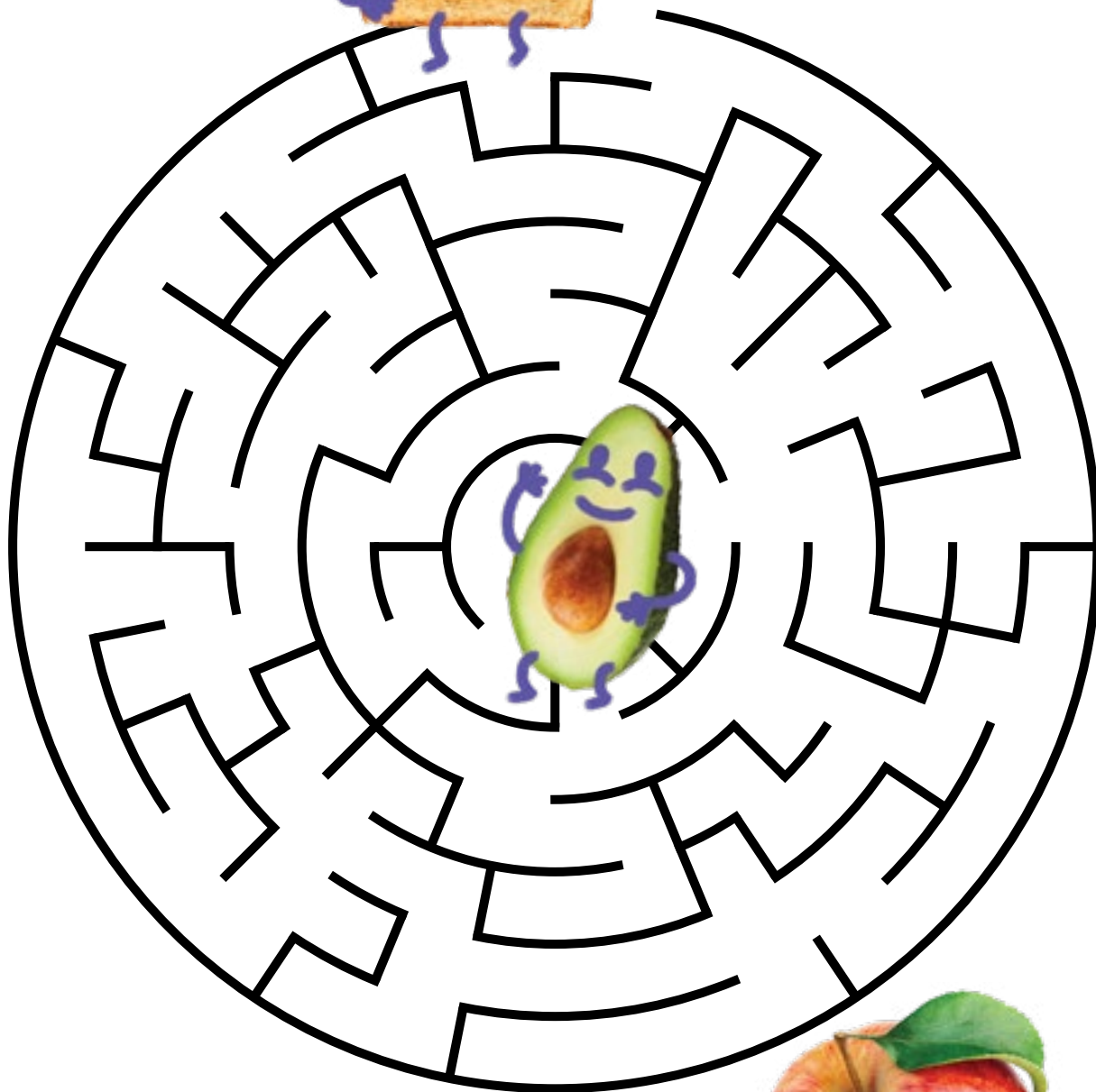
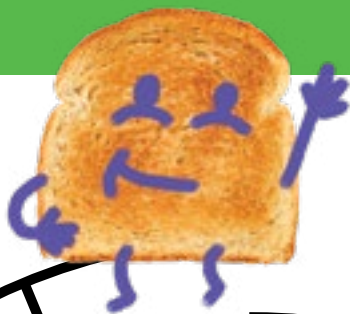
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Visit hannaford.com/kids for more
kid-friendly fruit and veggie recipes.

Help the Snack Find Its Pal!



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Lettuce Make A Salad



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Snack Pal Word Search



S	K	D	V	N	T	Y	R	R	E	B	J
W	W	P	D	O	W	H	H	H	S	U	L
I	X	E	R	Q	K	C	M	P	I	H	G
T	W	R	E	O	G	N	D	C	S	S	E
I	A	I	H	T	R	U	Y	O	F	V	J
C	X	J	K	U	A	R	J	O	Y	T	V
L	S	N	H	V	P	C	H	T	A	Z	K
M	T	Z	T	B	E	S	K	U	P	O	Z
C	Q	N	U	T	J	J	J	B	P	V	I
P	E	P	P	E	R	M	C	B	L	U	Y
P	N	Q	T	I	F	F	I	W	E	D	C
C	X	T	J	C	R	N	D	B	K	S	T

APPLE

BERRY

CARROT

CRUNCHY

GRAPE

JUICY

KIWI

PEPPER

SWEET



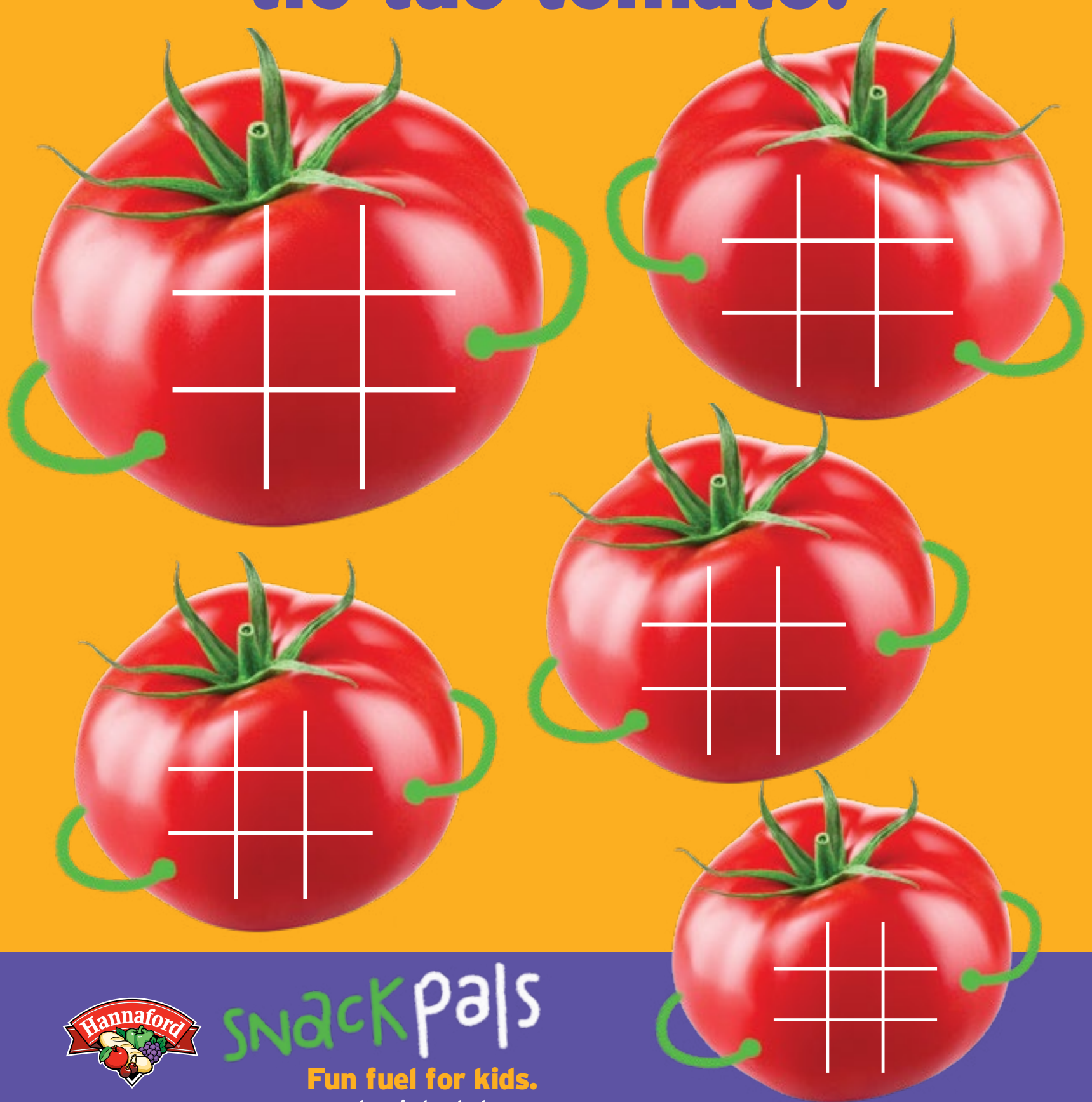
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tic tac tomato!



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Veggie Boxes

Play the dot & boxes game!
Each time you win, draw a veggie in the box.



•	•	•	•	•	•	•	•	•	•
•	•	•	•	•	•	•	•	•	•
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Directions:

1. Choose which player is to go first and have that player join two unconnected adjacent dots with a line. Player two will go next in the same manner.
2. The player that draws the fourth connecting line that completes any box earns a point for that box and takes another turn.
3. Continue to play until all boxes are complete. The player with the most points wins!

Word Scramble

cryele _ _ _ _ _

repepp _ _ _ _ _

nargeo _ _ _ _ _

aguasrspa _ _ _ _ _

ahpnics _ _ _ _ _

wertsrarby _ _ _ _ _

rtaorc _ _ _ _ _

niono _ _ _ _ _

iwki _ _ _ _ _

laepp _ _ _ _ _

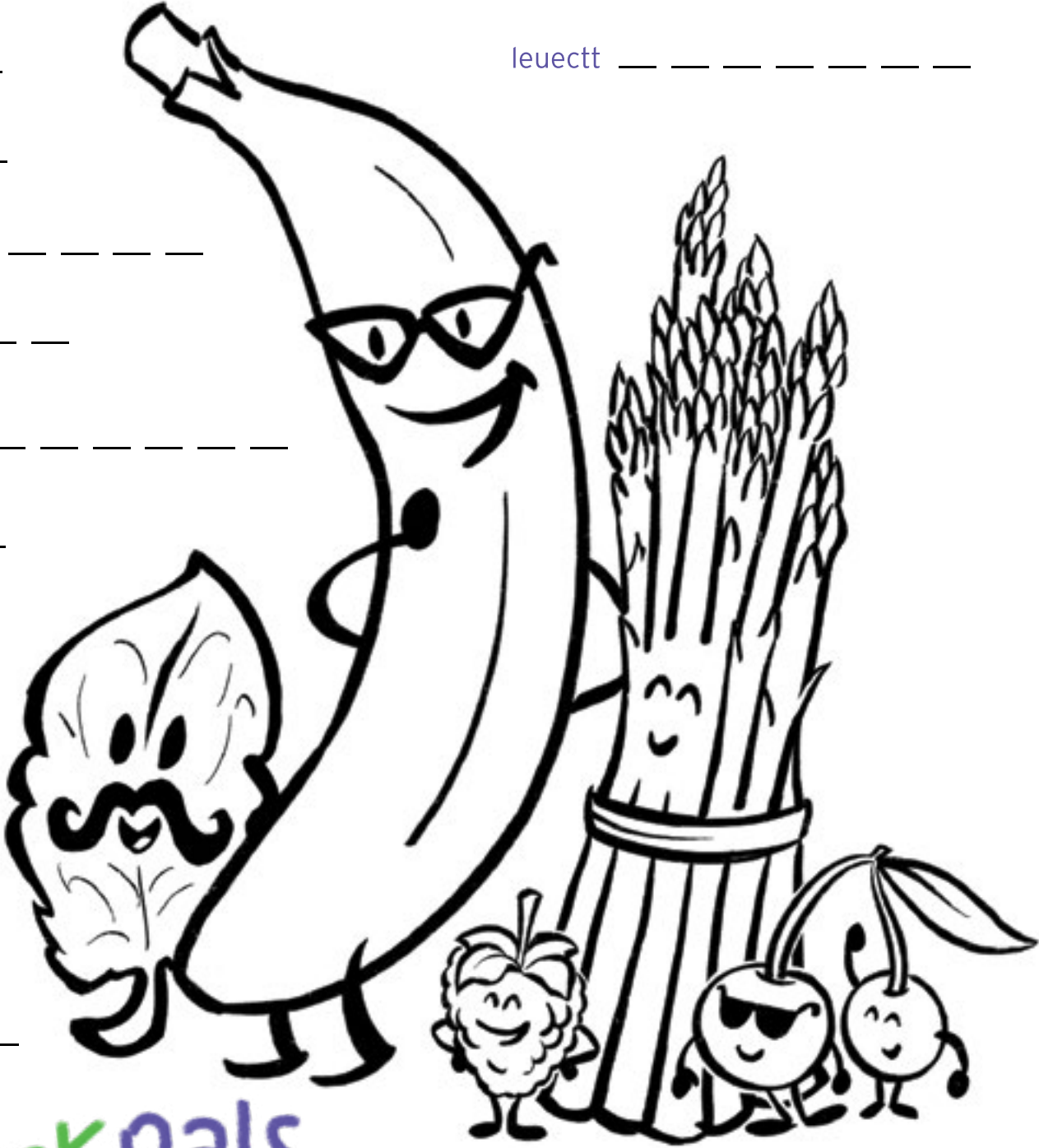
cheap _ _ _ _ _

anaban _ _ _ _ _

pggntlae _ _ _ _ _

epragrfiut _ _ _ _ _

leuectt _ _ _ _ _



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WORD LIST
grapefruit kiwi peach apple carrot eggplant pepper celery
strawberry spinach banana asparagus orange lettuce onion