



SNACK PALS



## Fish Taco Bowl

- Instant Brown Rice
- Olive Oil
- Tilapia
- Salt-Free Mexican Seasoning
- No-Salt-Added Corn
- No-Salt-Added Black Beans
- Guiding Stars-Earning Salsa
- Plain Non-Fat Greek Yogurt
- Lime (for juice)
- Salt
- Avocado

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