



Super Sensor Challenge

Kevin Kiwi is here to help you create a sensory challenge for your whole family!

Find a grown-up buddy to help prepare the foods we'll use.

First thing's first – we have to gather our supplies!

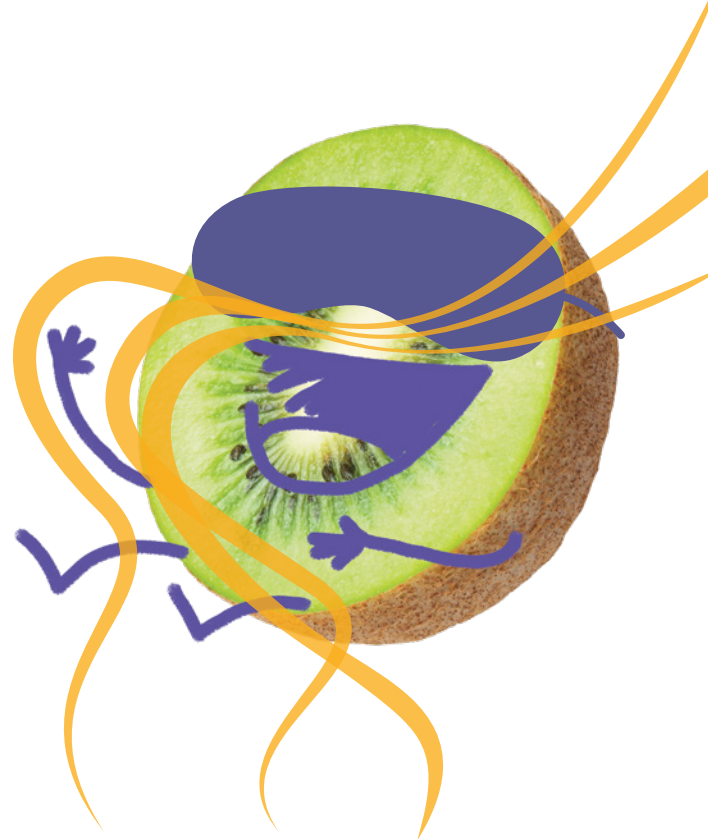
You'll need:

- 1 blindfold (ex: sleep mask or bandana) for each person taking the challenge
- 3 containers of mashed baby foods to taste and smell. Select three different options, like mashed carrots, peas and bananas. If you're inspired to include other items, go for it!
- Kitchen supplies to prepare the foods, like plates, spoons, a cutting board and a knife

Great work! Invite the challengers to come in and help them put on their blindfolds so they can't see anything! Now put a little bit of each food on a spoon. Each taster should have one spoon per food.

Let's start with the smell challenge. Help your challengers smell the first baby food container and ask what their guesses are. Then give them each a small taste of each of the foods and ask if their guesses are the same or different as they were during the smell challenge.

Continue this way with the remaining foods until your challengers have tasted all the food items. Did anyone correctly guess them all?



Great work, pal – you completed the challenge! Click the "I Rocked That!" button in your personal Badge Bank to receive your Super Sensor badge.