



snackpals®



GUIDING STARS®  
NUTRITIOUS CHOICES MADE SIMPLE

## ***Banana Bread Pancakes***

- Skim Milk
- Lemon Juice
- Whole Wheat Flour
- Baking Powder
- Baking Soda
- Salt
- Cinnamon
- Nutmeg
- Cardamom – optional
- Ripe Medium Bananas
- Olive Oil
- Olivio Original Spread
- Chopped Walnut