



snackpals®



GUIDING STARS®
NUTRITIOUS CHOICES MADE SIMPLE

Curried Vegetable Lo Mein

- Lo Mein Noodles
- Canola Oil
- Sliced Ginger
- Garlic Cloves
- Curry Powder
- Brown Sugar
- Low-Sodium Vegetable Broth
- Carrots
- Bell Pepper
- Shiitake Mushrooms
- Bean Sprouts
- Sliced Scallions
- Sesame Oil
- Low-Sodium Soy Sauce