



Wild Blueberry Snack Attack

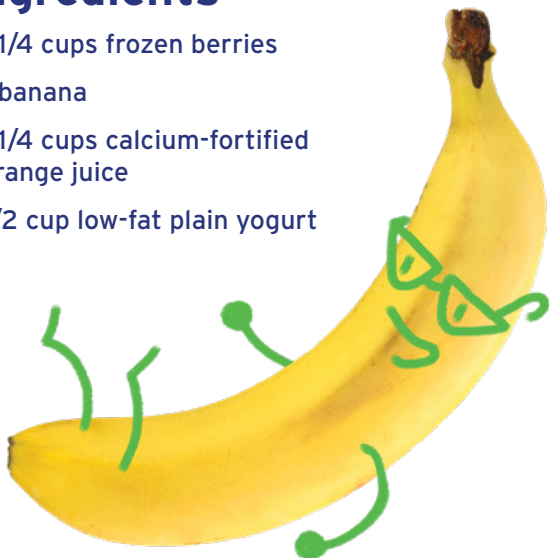
Fuel the fun! Becky and Bo Blueberry are the stars of the show in these recipes. Go wild with Maine wild blueberries and make a delicious Wild Blueberry Smoothie or Wild Blueberry Smoothie Bowl!

Wild Blueberry Smoothie



Ingredients

- 1 1/4 cups frozen berries
- 1 banana
- 1 1/4 cups calcium-fortified orange juice
- 1/2 cup low-fat plain yogurt



Wild Blueberry Smoothie Bowl



Ingredients

- 1/2 cup frozen wild Maine blueberries
- 1/2 cup frozen sliced peaches
- 1/2 cup frozen whole strawberries
- 1/3 cup orange juice
- 1/4 cup vanilla Greek yogurt
- 1/3 cup fresh blueberries
- 1/2 banana, peeled and sliced
- 2 tsp. smooth almond butter
- 1/4 cup granola
- 1 Tbsp. unsweetened coconut flakes
- 1 tsp. chia seeds

