



SNACK PALS®



GUIDING STARS
NUTRITIOUS CHOICES MADE SIMPLE

Minestrone Soup

- Olive Oil
- Minced Garlic
- Onion
- Celery
- Tomato Paste
- Fresh Parsley
- Carrots
- Cabbage
- Tomatoes
- Red Kidney Beans
- Peas
- Green Beans
- Hot Sauce
- Water
- Ditalini Pasta